

The Parkview News

A Newsletter for the Parkview Pointe Homeowners Association

A Williamsburg Community

Volume XXI • Number 8
August 2020

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Focus Newsletters by Community Media
941-375-3699



WEBER ENVIRONMENTAL SERVICES, INC.

ORLANDO OFFICE 300 27TH STREET ORLANDO, FL 32806
WINTER HAVEN OFFICE 5935 S.R. 542 WEST, WINTER HAVEN, FL 33880

July 16, 2020

To our valued customers in Parkview Pointe,

We want to thank you for your continued business, especially during this global pandemic that is affecting most Americans lives, business, and quality of life. We have taken extreme precautions to keep our customers, employees, and the general public safe. As we continue to progress through the complications of maintaining employee staff during Covid-19 and the heat of the Summer, we wanted to address some concerns residents are inquiring about and how we can work together to keep Parkview Pointe the beautiful community that it is.

The Orlando area has received 117 days of rain and 50.7 inches since the beginning of the year. As many of you know, there are a lot of properties in Parkview Pointe that do not have enough elevation drop to properly drain the water quick enough with in a 24-hour period after it rains. Therefore, at times it will be necessary to skip mowing an area until it properly dries. If it has dried enough for a mower to cut the grass without rutting the lawn, we will service the area the following week. There are also some properties that are adjacent to the conservation areas. Many of these areas WES has always been able to mow in years past. Overtime, as the Bald Cypress trees have grown so too has the Cypress knees that come up sometimes as far away from the tree as 20' feet. These Cypress knees damage lawnmower decks and belts extensively. We have had to change from mowing these areas to weed whipping them which is much more time consuming and takes away some of the employee's time they could be more productive elsewhere. Unfortunately, there is not much that can be done about it as the Bald Cypress are a Florida protected tree in a conservation area.

Another concern we have been receiving, is the quality of maintenance around the lakes. The lake front maintenance is done by the Valencia Water District. It is done on their schedule and at their discretion. WES only provides maintenance a short distance from the back of the homes.

Checking the individual homesites irrigation systems is the responsibility of the homeowner. WES recommends that you check it at least every month and never just turn it off. If your irrigation rain sensor is working properly it is supposed to turn the irrigation off temporarily until there is less moisture in the rain sensor. It must absorb enough moisture first before it trips the sensor in it and reversely dries out enough to release the sensor for the irrigation to work properly. While checking the system monthly, the quality of the sprinklers to pop up and retract is an important part of the inspection. Sprinklers that have defective parts will stay in the upright position which get hit by the lawnmowers. Lubricating the sprinklers with WD-40 is a good way to extend the life of the irrigation parts in the sprinklers.

We hope that some of this information is useful to you as you develop the beautiful landscape environments around your home and community. We greatly appreciate and take very seriously the responsibility you have bestowed on us to help you to do so. Thank you again for the opportunity and your continued business.

Sincerely,
Your Friends at Weber Environmental Services.

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President's Message

by Warren Murphy, President

I want to thank all of the homeowners that attended the July Zoom meeting. I hope that when we are able to resume meeting at the clubhouse that you will continue to attend the meetings. The best way to stay informed on what's going on in our neighborhoods is to attend the monthly meetings. I hope that more homeowners will want to become involved in volunteering to serve on the Board of Directors and the various committees.

I also want to thank all of you that took the time to review the amended standards and for your comments during the meeting. The amended standards were approved at the July meeting. The board also approved additional landscaping for the clubhouse driveway entrance and along the tennis court fence.

The current restrictions regarding the use of our facilities will remain in effect. Everyone has done a good job of following the posted rules. Please continue to practice social distancing, frequent hand washing, use a face mask while inside the clubhouse, and if you are not feeling well please stay home.

The Board would like to thank Steve Lembree for his work on our new website. He has done a wonderful job and it's greatly appreciated. Please check out the website at www.parkviewpointe.com. If you would like to receive our monthly newsletter and emails click on the Newsletter Sign-up on the website.

School is scheduled to start on Au-

gust 10. We all need to be extra careful during our daily commutes. Let's all slow down and watch out for the kids, school buses, and each other.

Please complete an ARC form before you start projects to the outside of your home and property. This includes removing trees and shrubs, painting your home, new roof, etc. Always check with Nicole or our property manager before you start any project.

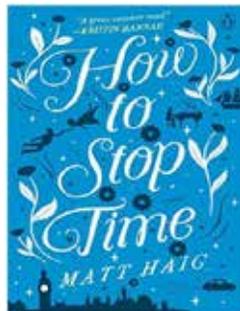
Please continue to help us keep the pool areas clean by picking up your trash and please close the umbrellas when you leave. During a storm if left open they could cause injury and/or damage.

There will be NO BOARD OF DIRECTORS meeting in August. Our next scheduled meeting will be on Thursday, September 17 at 7:00pm on Zoom.

BOOK DISCUSSION GROUP



Join us - masks on, socially distanced in the Great Room - on Monday, August 10th at 1:00 pm. We will discuss the novel, *How to Stop Time* by Matt Haig. Kirkus review: Tom Hazard, "a man of extraordinarily long life deals with a painfully ordinary question: what is it we live for? ...An engaging story framed by a brooding meditation on time and meaning."



Parkview Pointe Homeowners Association

5650 Parkview Pointe Drive
Orlando, Florida 32821
407-239-3404

hoaparkviewpointe@gmail.com

Nicole Ellingsworth,
Administrative Assistant

Office Hours:

Monday – Friday,
8am-4pm

Time may vary depending on property inspections.

Website:

www.ParkviewPointe.com

Managed by:

Craig Williams, LCAM
Greystone Management
craig@greystone-mgmt.com

Parkview Pointe Board of Directors

Warren Murphy, *President*
Herb Powers, *V.P.*
Joe Grelish,
Secretary/Treasurer
Camille Dixon, *Director*
Justin Brown, *Director*
George Reynolds, *Director*
Patty Yoak, *Director*

Clubhouse Amenities

Pool Dawn to Dusk
Clubhouse.... 6am to 10pm



**Williamsburg
Golf Association**
*Submitted by Santiago
Lopez, WGA President*

Hello Everyone! Due to the current situation with the Corona Virus we had suspended the newsletter the past few months. Golfing is going on as safe as possible. Some of the provisions are: stay at least 6 feet apart and each individual is assigned their own golf cart. Remington has been more than accommodating with the carts. We cannot congregate at the clubhouse as no food is served. We have decided to continue another season at Remington for WGA members as they were all in favor of staying. This is a difficult time for everyone but I hope we can stay safe and get through this together.

Closest to the Pin (June and July):

Rita Behnken, Louie Guzman, Joe Porter, Charles Bradley, Dennis Wolfe, Joe Lee, Hiram Pedraza, Felix Millan, William Flores, Santiago Lopez, Larry Langston, Terry Walters, Bill Marcontell, Juan Romero, David Rosello, Efrain Ruiz, Roberto Rivera.

HOT BATHS MAY AID YOUR HEALTH

Want to relax during these days of tension and worry about COVID-19? A long, hot bath can relieve your stress and maybe help your heart.

The Web MD website reports that a study of more than 30,000 adults in Japan found that a nice, steamy soak may reduce one's incidence of high blood pressure and stroke. "We found that frequent tub bathing was significantly associated with a lower risk of hypertension, suggesting that a beneficial effect of tub bathing on risk of [heart disease] may in part be due to a reduced risk of developing hypertension," said the study's lead scientist at Osaka University.

After accounting for other factors, the researchers found that taking a daily hot bath was associated with a 28% lower risk of heart disease and a 26% lower risk of stroke, compared with subjects who bathed only once or twice a week.

So relax in the tub, and try to take your mind off your worries. It's good for your body and soul.

SMARTER THAN YOU THOUGHT

At the bar, Joe made a bet with the man sitting next to him, Bill.

Joe said, "Hey, idiot, every question I ask you that you don't know the answer, you have to give me five dollars. And if you ask me a question and I can't answer yours, I will give you \$100."

Bill shrugged. "OK."

Joe asked, "How many continents are there in the world?"

Bill wasn't all that smart, so he didn't know. He handed over a five-dollar bill. Then Bill said, "Now you tell me: What animal stands with four legs but sleeps with three?"

Joe thought long and hard, but in the end he gave up and handed over the \$100. Then he said, "By the way, what was the answer to your question?"

Bill shrugged and handed over five dollars.

QUOTES

A person without a sense of humor is like a wagon without springs. It's jolted by every pebble on the road.

-Henry Ward Beecher

Board of Directors

Herb Powers, President
Chantal Grep, Vice President
Awilda Camacho, Treasurer
Pete Purdy, Secretary

GREEN BRIAR

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2	3	4	5	6	7	8		
	6:15pm Gentle Yoga Class (registration 15 minutes before)	Coast Guard Birthday 7pm, GBVC Board Meeting Held virtually until further notice	 Lawn Service Office Closed		 Purple Heart Day			
9	10	11	12	13	14	15		
	6:15pm Gentle Yoga Class (registration 15 minutes before)		 Lawn Service Office Closed					
16	17	18	19	20	21	22		
	6:15pm Gentle Yoga Class (registration 15 minutes before)	Florida Primary Election 7pm, WHOA Meeting @ Parkview Pointe	 Lawn Service Office Closed National Aviation Day		 Senior Citizens Day			
23/30	24/31	25	26	27	28	29		
	6:15pm Gentle Yoga Class (registration 15 minutes before)		 Lawn Service Office Closed Women's Equality Day					

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2	6:30pm, LRVCA Board Meeting	3	10am Panera Bread	4	5	 	6	 	7	Office Closed Purple Heart Day	8
				Coast Guard Birthday							
9		10	10am Panera Bread	11	12	 	13	 	14	Office Closed	15
				1pm, Valencia Water Meeting							
16		17	10am Panera Bread	18	19	 	20	 	21	Office Closed Senior Citizens Day	22
				Florida Primary Election 7pm, WHOA Meeting @ Parkview Pointe							
23/30		24/31	10am Panera Bread	25	26	 	27	 	28	Office Closed	29
				Women's Equality Day							

MEETINGS

LRVCA Board Meeting
 Monday, August 3
 Normally First Monday @
 6:30pm
Valencia Water Control
 Tuesday, August 11
WHOA Meeting
 Tuesday, August 18 at 7pm

Lawn Service Days
Thursdays
August 6, 13, 20, 27
Weather permitting



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								1	
2	3	 <i>Coast Guard Birthday</i>	4	5		6	 <i>Purple Heart Day</i> 12:30pm Sunshine Ladies <i>Return is pending</i>	7	8
9	10	 6:30pm, LTVC Board Meeting	11	12		13	 12:30pm Sunshine Ladies <i>Return is pending</i>	14	15
16	17	 <i>Florida Primary Election</i> 7pm, WHOA Meeting @ Parkview Pointe	18	19		20	 <i>Senior Citizens Day</i> 12:30pm Sunshine Ladies <i>Return is pending</i>	21	22
23/30	24/31		25	26		27	 12:30pm Sunshine Ladies <i>Return is pending</i>	28	29
				<i>Women's Equality Day</i>					

MEETINGS/ACTIVITIES

LTVC Board Meeting - Monday, August 10
 Sunshine Ladies - return is pending
 Orange County Schools are closed until further notice..

GOOD NEIGHBOR

It is during times like this, a national health crisis, that being a good neighbor is important and appreciated. Thank you to Wendy Hebert and friends who have made over 400 face masks to donate to others in need. We are all encouraged to continue social distancing and wear a face mask when in public. If you need

a face mask, reach out to Wendy at Wdesignsbywendy@gmail.com. Wendy accepts donations to be able to purchase material.



MONTPELIER

407.352.0385 clubhouse phone
 10500 Mormon Drive • Orlando, FL 32821
 e-mail: leeann@bonomgmt.com • website: www.montpelierivillageclub.com

								1
2	3 1pm ... Mah Jongg <i>Library</i>	4 Coast Guard Birthday 10:30am Williamsburg Discussion Group 1:30pm Scrabble	 5 1pm Dominos	  6 1pm Crafts	  7 Purple Heart Day	8		
9	10 1pm ... Mah Jongg <i>Library</i>	11 No MVC Board Meeting 10:30am Williamsburg Discussion Group 1:30pm Scrabble	 12 1pm Dominos	  13 1pm Crafts	  14	15		
16	17 1pm ... Mah Jongg <i>Library</i>	18 7pm, WHOA Meeting @ Parkview Pointe 10:30am Williamsburg Discussion Group 1:30pm Scrabble	 19 National Aviation Day 1pm Dominos	  20 1pm Crafts	  21 Senior Citizens Day	22	10am-Noon Kid's Club	
23/30	24/31 1pm ... Mah Jongg <i>Library</i>	25 10:30am Williamsburg Discussion Group 1:30pm Scrabble	 26 Women's Equality Day 1pm Dominos	  27 1pm Crafts	  28	29		

Lawn Care
 Every week, weather permitting

Williamsburg Discussion Group Montpelier
 We meet weekly on Tuesdays from 10:30am until Noon. Come, listen and learn; bring your best ideas. Meet your charming neighbors and join in the fun.



Kid's Club Montpelier
 Kids from all of the communities, up to age 13, are welcome to join Jo Bladykas last Saturday from 10am-12pm for games, crafts and more. Children must be accompanied by an adult. Please contact the Montpelier Office at 407-352-0385 if you have any questions.



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Attention Community Residents

A Note From Your Newsletter Publisher:

We are **Community Media** – the publisher of your community newsletter.

We hope that you all are staying safe during the coronavirus pandemic. This is affecting many aspects of daily life for almost every American. Our office staff is following the CDC guidelines of staying home when not feeling well, seeking medical help when necessary, and washing hands constantly.

We encourage you to follow the same guidelines located at [coronavirus.gov](https://www.coronavirus.gov).

The phrase “**We’re all in this together**” is more meaningful now more than ever.

What are we doing?

We are still providing a **FREE newsletter to your community**.

This newsletter is FREE to your community because we partner with local and regional businesses to advertise their products and services in this newsletter.

We are temporarily reducing publishing expenses so we can continue to publish your newsletter long term. For your community newsletter this may include:

- Making sure the page count of each newsletter is in line with current advertiser support
- Verifying the number of newsletter copies needed so we don’t print too many newsletters

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Be patient and kind with each other, especially now. Reach out to friends and neighbors who may need help.



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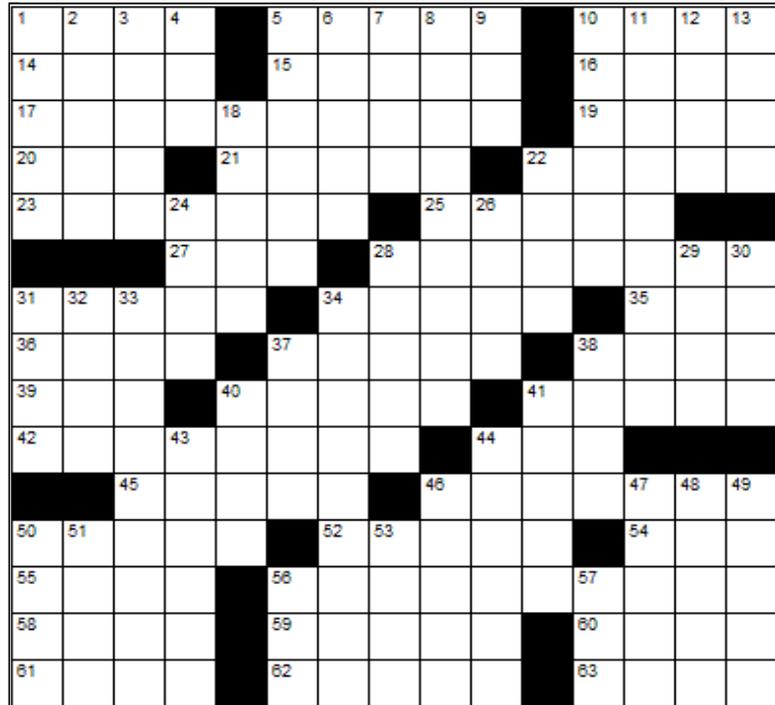
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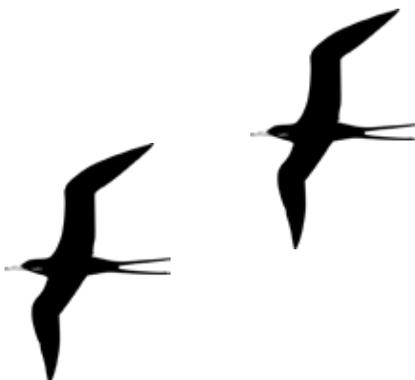
ACROSS

1. Formal dance
5. Taxi driver
10. Lady's escort
14. Murres
15. Revere
16. Colored part of an eye
17. Wonderful
19. Sludge
20. Children's game
21. Inner surface of hands
22. Numbskulls
23. Blight
25. Patchwork
27. Frozen
28. Steals
31. Chart
34. Angler's basket
35. Petroleum
36. Adult male sheep
37. Pincer
38. Stake
39. Ripen
40. Soft and sticky
41. Travelled by bus
42. A stringed instrument
44. Hearing organ
45. Gloomy, in poetry
46. Palatable
50. Arrives
52. Highly favored
54. Carpet
55. District
56. Nutritious
58. Delay or postpone
59. Lofty nest
60. Border
61. Drunkards
62. Glacial ridge
63. A fitting reward (archaic)

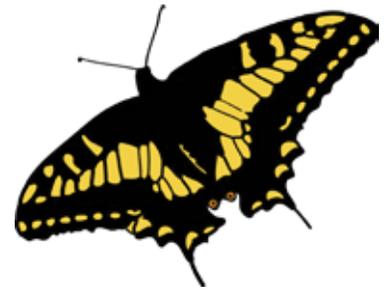


DOWN

- | | | |
|---------------------------|-----------------------------|---------------------------|
| 1. Hill | 18. Historical period | 40. "Comes and ____" |
| 2. Orderly grouping | 22. Pickle flavoring | 41. Pieces of insulation |
| 3. Feudal lord | 24. Tastes | 43. Fears |
| 4. Flee | 26. Component of urine | 44. Less difficult |
| 5. A moderate yellow | 28. Primp | 46. Creepy |
| 6. Befuddle | 29. Anagram of "Tine" | 47. ____ and groom |
| 7. Thunder | 30. Toboggan | 48. Move forward suddenly |
| 8. Bluntly | 31. A metric unit of weight | 49. Incited |
| 9. Aye | 32. Indian music | 50. Hats |
| 10. A male escort | 33. Proviso | 51. Chocolate cookie |
| 11. Volcanic explosions | 34. Young male choristers | 53. Lie in wait |
| 12. 3 times 3 | 37. Soft drink | 56. Born as |
| 13. Sounds of disapproval | 38. Emanation | 57. Skirt's edge |

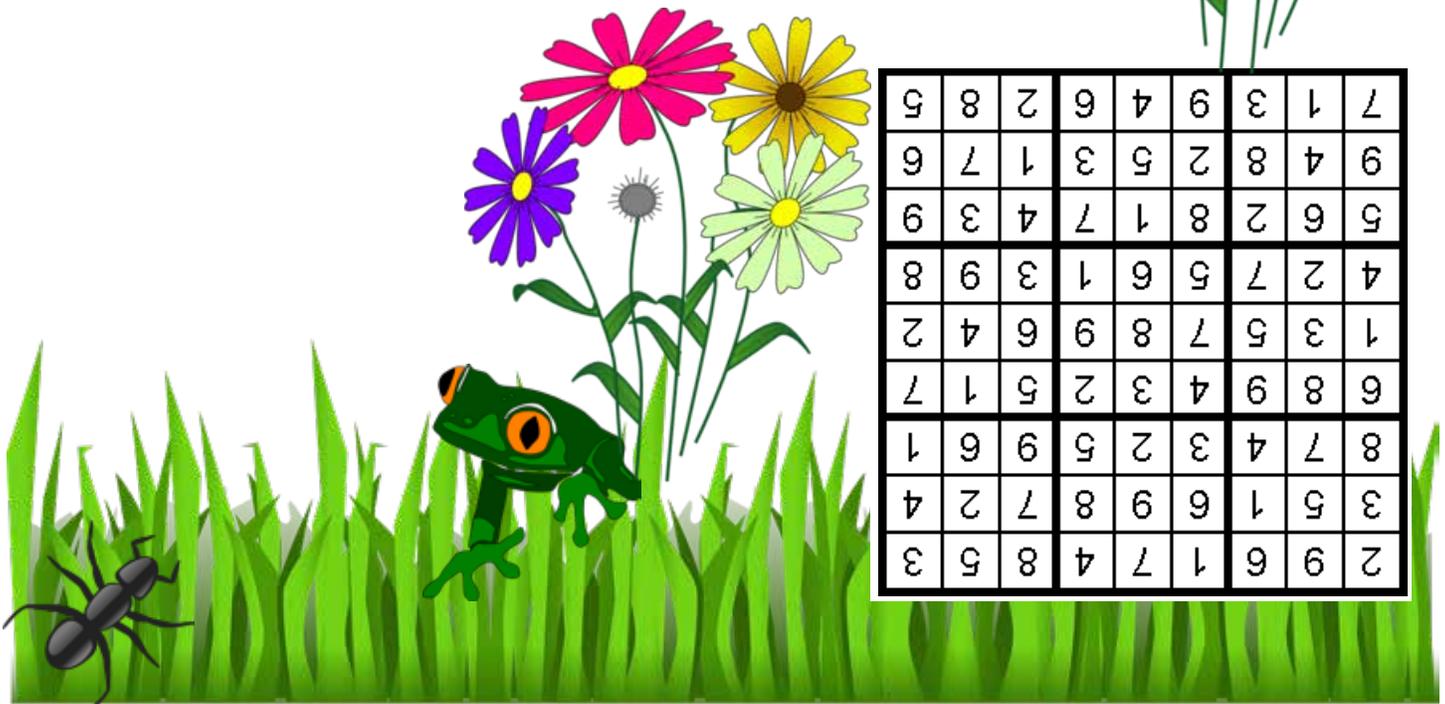


AUGUST



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2	3	4	5	6	7	8
8am Tennis 10-11am, Pool Class 10am Exercise 6:30-9:30pm Mah Jongg	10-11am, Pool Class 10:30am-2pm, Mah Jongg 6:30-10pm, Poker Coast Guard Birthday	10-11am, Pool Class 10am Exercise 6:30-9:30pm, Mah Jongg	10-11am, Pool Class 10am Exercise 6:30-9:30pm, Mah Jongg	8am Tennis 10-11am, Pool Class 12:30-4:30pm, Canasta 1pm . Craft Group 6:00pm, PVP ARC Meeting	10-11am, Pool Class 10am Exercise 12:30-4pm, Canasta Purple Heart Day	8am Tennis
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8am Tennis 10-11am, Pool Class 10am Exercise 6:30-9:30pm Mah Jongg	10-11am, Pool Class 10:30am-2pm, Mah Jongg 6:30-10pm, Poker	10-11am, Pool Class 10am Exercise 6:30-9:30pm, Mah Jongg	10-11am, Pool Class 10am Exercise 6:30-9:30pm, Mah Jongg	8am Tennis 10-11am, Pool Class 12:30-4:30pm, Canasta 1pm . Craft Group	10-11am, Pool Class 10am Exercise 12:30-4pm, Canasta	8am Tennis
16	17	18	19	20	21	22
8am Tennis 10-11am, Pool Class 10am Exercise 6:30-9:30pm Mah Jongg	10-11am, Pool Class 10:30am-2pm, Mah Jongg 6:30-10pm, Poker 7pm, WHOA Meeting @ Parkview Pointe	10-11am, Pool Class 10am Exercise 6:30-9:30pm, Mah Jongg National Aviation Day	10-11am, Pool Class 10am Exercise 12:30-4:30pm, Canasta 1pm . Craft Group No Board Meeting	8am Tennis 10-11am, Pool Class 12:30-4:30pm, Canasta 1pm . Craft Group Senior Citizens Day	10-11am, Pool Class 10am Exercise 12:30-4pm, Canasta	8am Tennis
23/30	24/31	25	26	27	28	29
8am Tennis 10-11am, Pool Class 10am Exercise 6:30-9:30pm Mah Jongg	10-11am, Pool Class 10:30am-2pm, Mah Jongg 6:30-10pm, Poker Women's Equality Day	10-11am, Pool Class 10am Exercise 6:30-9:30pm, Mah Jongg	10-11am, Pool Class 10am Exercise 12:30-4:30pm, Canasta 1pm . Craft Group	8am Tennis 10-11am, Pool Class 12:30-4:30pm, Canasta	10-11am, Pool Class 10am Exercise 12:30-4pm, Canasta	8am Tennis

BOD Meeting

No Board Meeting for August

ARC Meeting

Thursday, August 9



Book Club Discussion Group

On Monday, August 10 at 1:00 pm we will meet to discuss the novel, *How to Stop Time* by Matt Haig. Join us!!



Craft Club Parkview Pointe

Every Thursday at 1:00 pm we gather in the Parkview Pointe Game Room. We socialize. We knit, crochet, embroider, circular loom knitting, etc. We work on our own projects and also items - baby blankets, hats, etc. - to donate to Winnie / Arnold Palmer Hospital (Creations From the Heart). We're happy to share what we know and welcome you to share as well! Join us!



 Lawn Service  Garbage  Recycling  Yard Waste

SOMERSET

407.239.6400 phone • 407.238.0003 fax
 11425 Sandy Hill Drive • Orlando, FL 32821
 e-mail: info@somersetvillage.comcastbiz.net

								1			
2	8:00am Fit Forever (Pool)	3	 Lawn Service 8:00am Fit Forever (Pool)	4	 Lawn Service 8:00am Fit Forever (Pool)	5	 Garbage 8:00am Fit Forever (Pool)	6	  8:00am Fit Forever (Pool)	7	8
10am, C&R Meeting		Coast Guard Birthday						Purple Heart Day			
9	8:00am Fit Forever (Pool)	10	 Lawn Service 8:00am Fit Forever (Pool)	11	 Lawn Service 8:00am Fit Forever (Pool)	12	 Garbage 8:00am Fit Forever (Pool)	13	  8:00am Fit Forever (Pool)	14	15
7pm, SVC Board Mtg											
16	8:00am Fit Forever (Pool)	17	 Lawn Service 8:00am Fit Forever (Pool)	18	 Lawn Service 8:00am Fit Forever (Pool)	19	 Garbage 8:00am Fit Forever (Pool)	20	  8:00am Fit Forever (Pool)	21	22
		Florida Primary Election 7pm, WHOA Mtg @ Parkview Pointe		National Aviation Day		6pm, ARC Meeting		Senior Citizens Day			
23/30	8:00am Fit Forever (Pool)	24/31	 Lawn Service 8:00am Fit Forever (Pool)	25	 Lawn Service 8:00am Fit Forever (Pool)	26	 Garbage 8:00am Fit Forever (Pool)	27	  8:00am Fit Forever (Pool)	28	29
				Women's Equality Day							

MEETINGS

- C&R Committee Mtg**
Monday, August 3, 10am
- Board of Directors Meeting**
Monday, August 10, 7pm
- ARC Meeting (If needed)**
Thursday, August 20, 6pm
- WHOA Meeting**
Tuesday, August 18

LAWN SERVICE

Every Tuesday and Wednesday in August. Thursday - Rain Day
Please note: The lawn service will resume weekly mowing when our growing season and temperatures dictate. Be ready for weekly lawn mowing to begin at any time or for them to be delayed due to dry conditions.
 Thank you.



Our 3,800 Sq.Ft. Main Room with the largest kitchen in Williamsburg community is ready for your next celebration.
 Dates are filling up fast. Stop by to submit your room rental agreement.



WING-GATE

407.352.0305 phone • 407.352.1034 fax
 5721 Gateway Avenue • Orlando, FL 32821
 www.facebook.com/wingateclub • e-mail: wingatevillageclub@gmail.com

								1				
2	10-11am Pool Exercises POSTPONED	3		4		5		6	 	7	Office Closed 10-11am Pool Exercises POSTPONED	8
9	10-11am Pool Exercises POSTPONED	10		11	6pm, WGVC Board Meeting	12		13	 	14	Office Closed 10-11am Pool Exercises POSTPONED	15
16	10-11am Pool Exercises POSTPONED	17		18	Florida Primary Election 7pm, WHOA Meeting @ Parkview Pointe	19		20	 	21	Office Closed 10-11am Pool Exercises POSTPONED	22
23/30	10-11am Pool Exercises POSTPONED	24/31		25	Women's Equality Day	26		27	 	28	Office Closed 10-11am Pool Exercises POSTPONED	29

MEETINGS

Board Meeting
 Tuesday, August 11
 WHOA Meeting
 Tuesday, August 18

**ORANGE COUNTY
 SHERIFF'S
 NON-EMERGENCY
 407-836-HELP**



Please volunteer your time & talents to make your club, home and your community sparkle. Volunteer on the board, a committee or for clubhouse clean-up.



Bill Clinton
 Born - August 19, 1946
 42nd President of the United States of America

 Lawn Service  Garbage  Recycling  Yard Waste

4 TWEAKS FOR A STRONGER HEART

1. PACK THIS SNACK

Science confirms what folk wisdom has said for decades. An apple a day really does keep the doctor away. They're loaded with antioxidants that help relax blood vessels and boost heart function, according to researchers at the University of Florida at Tallahassee and the University of California at Davis. Plus they're packed with pectin fiber, which can help lower "bad" LDL cholesterol. Not an apple fan? Grab another source of the cholesterol-cutting fiber: citrus fruit, beans and carrots.

2. SIP A SUPER BREW

Much like apples, green and black teas are high in antioxidants. A study in the European Journal of Cardiovascular Prevention & Rehabilitation found that people who drank green tea have better blood vessel function just 30 minutes after their last sip. And a Dutch study found that folks who drank three to six cups of black tea a day slashed their heart disease risk by 45% compared to those who had less than one cup daily. Easy way to drink more: Brew four to five tea bags first thing in the morning, then pour the liquid into a thermos and take it to work. If tea isn't your thing, pick up some powdered matcha green tea, and sprinkle (i.e., hide) it in smoothies, oatmeal or yogurt.

3. GET ON YOUR FEET!

Americans are spending more time sitting than ever – an average of 10 hours a day – accord-

ing to research in the American Journal of Clinical Nutrition, and the more you sit, the greater your mortality risk, even if you squeeze in a 30 minute power walk before work. Luckily, taking frequent breaks from sitting – even as short as one minute – can help raise "good" DL cholesterol and lower triglycerides, found a study in the European Heart Journal. So when you're at work stand up to take phone calls or store your files in cabinet away from your desk. During TV marathons, get up from the couch and do a set of leg lifts, squats or lunges during commercial breaks.

4. SWITCH UP YOUR WORKOUT PACE

Pressed for time? Try this: Alternate your usual pack with short bursts of a faster one. For example, walk at your normal speed for a few minutes, then jog briskly for one minute. Turns out folks who do these brief bursts of intense activity reap the same cardiovascular benefits as those who exercise at moderate intensity for a longer period of time, according to a study in the American Journal of Physiology.

MANAGE YOUR DRIVEWAY

Regularly sweeping the driveway assures there is less sand and debris collected on your driveway can get in the storm water drain. Check your cars regularly for spills/leakage of oils and coolant. Clean up spills with old rags and dispose of them properly.

 Check out page 8 of the Williamsburg Times for Parkview Pointe's calendar page.

DOG WASTE

LEASH CURB AND
CLEAN UP
AFTER YOUR
DOG



IT'S REQUIRED BY LAW!

ORDINANCE #95-32 FINE \$500
407-836-3111

GARBAGE COLLECTION DAYS

THURSDAYS
GARBAGE ONLY
(GREEN LID)



FRIDAYS
RECYCLING
(BLUE LID)
& YARD WASTE (IN
YOUR OWN CONTAINERS,
BAGS OR BUNDLES)



**FOR LARGE ITEMS, PLEASE
CALL THE SOLID WASTE
HOTLINE AT 407-836-6601
TO SCHEDULE PICK-UP.**

**Bins may ONLY be put
out after 6pm the evening
prior to pick-up.**

Parkview Pointe Homeowners Association, Inc.
APPLICATION TO THE ARCHITECTURAL REVIEW COMMITTEE

Application and requirements for permission to enhance, alter, or in any fashion change the exterior of the property from that condition originally provided by the developer. These provisions are contained in Article VII of the Covenants and Restrictions.

Name: _____ Date: _____

Address: _____

Phone: _____ Email: _____

Please notify approval or denial by:

Check one: Email By mail

Projected start date (if approved): _____

Proposed Change or Addition (in detail):

Please include some or all of the following with your request:

1. Copy of Boundary Survey (plat plan)
2. Drawn location of the proposed change. (Above ground construction must be at least 16 feet from the rear property line and 5 feet from the side property line.)
3. Copy of the Orange County building permit.
4. Contractor's certificate of insurance and appropriate contractor license.
5. Photos of the location for the proposed change or addition.
6. Color samples must be provided with A.R.C. application for approval on ALL proposed painting projects.

***** All approved applicants are REQUIRED to display
'ARC Approved' sign once project(s) begin *****

The A.R.C. may require additional information to assist in arriving at a decision.

**For
Committee
Use**

- Approved
 Disapproved
 PENDING upon requirements:

5650 Parkview Point Drive • Orlando, FL 32821
Phone: 407-239-3404 • hoaparkviewpointe@gmail.com